Join Us

Over 120 athletes have participated raising over $800,000 with 100% race completion among athletes. We have successfully helped our athletes learn to swim, conquer fears, and achieve things they didn't think they could.

Team members receive a personalized workout plan, access to certified coaches, scheduled workouts, and customizable individual fundraising pages. All of these tools are provided to help you achieve your fundraising goals and keep you motivated throughout your training.

Requirements

Adults (15+)

- Raise a minimum of $1,000
- Compete in the Chicago Triathlon

Kids (7-14)

- Raise a minimum of $250
- Compete in the Kids Chicago Triathlon

Key Dates

April Kick-off Event
May 1st Training Begins
July 12th Bowling Event
July 20th Recommit Deadline
August 24th Inspiration Dinner
August 25th Kids Race
August 26th Adults Race

"We named our team, 'Team Bright Side', because whenever I went to the hospital, it was always something bad happening and I always found the bright side, something good about it."

RYAN SCHEPPACH

Team Bright Side

Join Us

teambrightside.com/athlete

teambrightside

Training for the Chicago Triathlon and raising money for pediatric cancer research.

FAQs

Q: Do I need to buy a bunch of equipment for the Tri?
No, all you need are 4 things: a bike, helmet, running shoes, and a bathing suit.

Q: Does Team Bright Side provide any equipment or gear?
Athletes will receive a Tri top and bottom. Additionally, we are working with local retailers to provide special deals or discounts for any other gear or equipment you might need.

Q: What happens if I don't raise my fundraising minimum?
Team Bright Side will work with you to make sure that doesn't happen. We will provide you with fundraising ideas beyond reaching out to your friends/family. Additionally, any tickets you sell or sponsors you bring to the bowling event will count towards your personal total. If you are still concerned, you have until the recommit date in July to decide to drop out of the team. If you do decide to recommit you will need to pay the remaining difference if your minimum is not met by race day.

Q: I can't make it to all or any of the group trainings, can I still join?
Yes, group trainings are optional but encouraged. You are more than welcome to follow the training plan on your own time and still race with us on race day.

Q: I'm physically unable to compete by doctors' orders, can I still help?
Yes, join us as a volunteer. We need volunteers for race day and throughout the training season. Just email us at info@teambrightside.com and we will add you to our distribution list for volunteer opportunities.

Q: I don't know how to swim, bike, and/or run can I still join?
Yes. Consult with one of our coaches about your current skills - they will teach you everything you need to know for each segment of the race.

Q: Do I have to commit to the Sprint, Olympic, or Relay distance now?
No, but you will need to decide by the recommit date in July.